



SARCC
Sexual Assault Resource & Counseling Center
of Lebanon County

The Peoples March to End Sexual Violence

Walk A Mile Lebanon
Break the Silence,
Stop the Violence.

TEAM INFORMATION

Friday, May 19, 2017

Registration: 5:30 pm
Opening Ceremonies: 6:00 pm



Walk begins: 6:15 pm
6th & Cumberland Sts, Lebanon

Pre- Registration fee:

\$15.00 Men/Women (\$20.00 Day of event)

\$10.00 Children/Teens (9-18 yrs) 8 & under free

\$10.00 Shoe Rental

OUR VISION

SARCC envisions a safe, inclusive, educated community where all forms of sexual violence are recognized and ultimately eliminated.

OUR MISSION

SARCC works to empower individuals, families and communities in healing, advocating and educating for the elimination of all forms of sexual violence.

WHAT IS WALK A MILE LEBANON?

Please join us at our signature event... Walk a Mile Lebanon to stop rape, sexual assault and gender violence within our community! In the past, we held Walk a Mile in Her Shoes designed specifically for men to walk in heels. Walk a Mile Lebanon is designed to raise awareness of the diversity of sexual assault and violence and the effects on our community. We are asking men, women, teens and children to walk a mile in support.

Someone you know, someone you care about, has or will become the victim of sexual violence. No one is immune, it is not gender specific. Your commitment to sponsor this event will allow us to provide a safe and nurturing environment where they can begin their journey towards healing.

We encourage you to make sure your business is represented with a team in the walk! Team members ask for pledges. 100% of the funds raised go directly to supporting victims of sexual violence in our community!

Being a walker/sponsor of Walk a Mile Lebanon will make you a part of the most exciting fundraiser you can imagine. You can help victims believe in the will to survive. You will be allowing prevention and education programs to continue to be offered.

The event, a true reflection of the regions culture, provides sponsors with the prospect of reaching their target market and impacting a new and diverse market. Build a team from your business! Give your team a creative name: make T-shirts, hats.... collect pledges from your friends, co-workers, and family.

WHY WE NEED YOUR HELP!

SARCC puts your dollars to work for children, adults and families.....

- ! Medical accompaniment for sexual assault victims 24 hours a day, 7 days a week.
- ! Professional individual and group counseling for victims and their families free of charge.
- ! Prevention education programs for schools, churches and community organizations.
- ! Training for medical, legal and social service professionals.
- ! Accompaniment and advocacy for victims in court.
- ! Information and referral services.
- ! Bilingual counseling.

WHY YOU SHOULD WALK!

Support of Walk a Mile Lebanon is an investment in the future of our community, in working together supporting all generations of families, parenting, media, and entertainment community.

Someone you know, someone you care about, has or will become the victim of violence. It may be your mother, sister, friend, girlfriend, wife, coworker, or daughter. No one is immune.

The event, a true reflection of the regions culture, provides sponsors with the prospect of reaching their target market and impacting a new and diverse market. Build a team from your business! Give your team a creative name: make T-shirts, hats.... collect pledges from your friends, co-workers, and family.

WHERE DO I BEGIN?

As a Walk a Mile Lebanon participant or sponsor, you have made the commitment to help SARCC be a voice through which all sexual violence is healed and eliminated

FUND RAISING INFORMATION

Here are some helpful tips for helping SARCC have a successful Walk a Mile fundraiser:

- ❗ Develop an understanding of the need for support services.
- ❗ Communicate the success that SARCC is delivering in our communities.
- ❗ Provide an assurance to donors that all contributions will be used entirely for the purpose of our mission: Engage all individuals, families and communities in healing, advocating and educating for the elimination of sexual violence.
- ❗ Pledge yourself! Your family, friends, social media friends and co-workers are more likely to donate to your efforts if they see that you are also behind the cause financially. Be sure to start the collections off with a healthy amount and you'll be surprised at how many donors match or even beat your pledge.
- ❗ Form a team and share the excitement of Walk a Mile.

HOW CAN I HELP?

- ❗ Conduct a letter writing/email/social networking campaign.
- ❗ Go to <http://www.FirstGiving.com> and set up a page for online pledges. Then send that page to your entire email address book.
- ❗ Consider asking a high-profile community member to walk with you and collect pledges to see you wearing five inch or higher heels. If he won't put on the heels, see if he will match your team's donation.
- ❗ Set up some competition between departments at work or school and see who will come out the winner with collected pledges.
- ❗ Consider placing walk cards (\$1 to \$5) at your place of business. Display your supporter's names on your business window.
- ❗ Request a SARCC speaker to attend your next Chamber meeting, Rotary, Jaycees, and Kiwanis and surprise your colleagues by putting on the heels during the presentation and requesting pledges and additional walkers.

Registration and Pledge forms are available on our website: www.sarcclebanon.org under Events.

DID YOU KNOW?

WALK a Mile Lebanon T-shirts are for sale with sponsors names on the back

Create your own shoes or they can be rented for \$10.00

There is a Judging Contest.! At stake are certificates and prizes for these categories awarded at the end of the walk:

- 👉 Most Creative Shoe
- 👉 Best Creative Team
- 👉 Top Fundraising Individual
- 👉 Top Fundraising Team

Thank you for your consideration in participating in the Sexual Assault Resource Counseling Center's Walk a Mile Lebanon fundraiser. Your participation will not only be memorable and fun; it will help SARCC to continue our mission to advocate and education the elimination of sexual violence.

It is amazing what we can get done when we work together!

Do you have any other questions? Call Kathleen Dugan at 717-270-6972 x 353

SARCC
615 Cumberland Street
Lebanon, PA 17042
Office: 717-270-6972 Fax: 717-270-6987
www.sarcclebanon.org

100% of all proceeds benefit SARCC and are used to provide victims/survivors of sexual abuse with the tools, support and advocacy needed to survive, heal, and thrive.

SARCC is a charitable nonprofit organization.

A copy of the official registration and financial information may be obtained from the Pennsylvania Department of State by calling toll free within PA 1-800-732-0999. Registration does not imply endorsement.



5TH ANNUAL WALK A MILE LEBANON

MAY 19, 2017

PRE-REGISTRATION FORM

Registration: 5:30 p.m. LV Chamber Lot: 6th & Cumberland Sts.

Opening Ceremonies: 6:00 p.m. ~ Walk begins at 6:15 p.m.

TEAMS: Please fill out a Registration Form for each Walker

Walker/Gardian name: _____

Children's name: 1.) _____ 2.) _____ 3.) _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

E-mail: _____ **Phone:** _____

Walk A Mile Waiver

In consideration of my entry in the Walk A Mile Lebanon, I, for myself, my heirs, my executors, administrators, & assigns, waive & release any & all rights of & from any & all known or unknown past, present or future claims for damages, losses, demands, actions, causes of action, lawsuits, & obligations of any nature whatsoever I have or may hereafter have against the Sexual Assault Resource & Counseling Center, organizers of this event, its principals, employees, all sponsors, and their representatives as a result of my participation in the Walk A Mile Lebanon event, including, but not limited to, travel to & from the event. I attest & verify that I am physically fit & have sufficiently trained for completion of this event & I have not been advised otherwise by a qualified medical doctor or physician assistant. Further, I hereby grant full permission to any and all of the foregoing to use my name & likeness in any broadcast, telecast, video or print media of the event without compensation.

Participant signature _____ **Date** _____

All entrants (parent/guardian if under 18) must sign.

MAKE CHECKS PAYABLE TO: SARCC * P.O. Box 836 * Lebanon, PA 17042

\$ _____ **\$15.00 Pre-Registration Men/Women (\$20 Day of Event)**

\$ _____ **\$10.00 Children/Teens (Ages 9-18) (8yrs & under free)**

\$ _____ **\$10.00 Shoe Rental – SHOES MUST BE RETURNED.**

\$ _____ **Pledges/Donations**

Free T-shirt if pre-registered by April 21st
Size: 2XL ____ LG ____ MD ____ SM ____

TEAM NAME _____

Following information to be filled in by WAM staff:

| |
|--|
| Total CASH collected: \$ _____ |
| Total CHECK (s) collected: \$ _____ |
| GRAND TOTAL: \$ _____ |

SARCC's 5th Annual Walk a Mile Lebanon 2017

May 19, 2017

2017 Pledge Form

Walker: _____ Team: _____

| Name | Address | Email | Check \$ | Cash \$ |
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| Total Pledges | | | Cash \$ | Check \$ |

*Please make checks payable to: SARCC.
Also, if you would like a receipt for your donation, please make note.*