

COMMUNITY PROGRAMS

Keeping Kids Safe: What You Can Do

This program is designed for all adults who want to keep children safe. Learn what you can do to protect children in your community. Learn to recognize signs of abuse. Understand how perpetrators of abuse “groom” children to allow victimization to continue without discovery. Learn how to talk to your children about body safety and personal boundaries. Learn how to handle a disclosure of abuse by a loved one and get her/him the help needed. Identify ways to become a pro-active, empowered bystander.

What Young Adult Need to Know About Staying Safe Before Going to College

Learn the frightening statistics of sexual assault on college campuses as well as what is being done to stop sexual assault. Arm yourself with practical strategies to reduce the risk of you or your loved one becoming a victim. Learn why colleges are under attack for the way they typically handle campus sexual assault and what you can do to prepare yourself or your child to safely negotiate campus life.

It's On Us: How to Become an Active, Empowered Bystander

No one can do everything to stop violence in our community, but everyone can do something! Learn how we as a community can refuse to tolerate violence of any kind. Find out what you can do to become an active, empowered bystander – both in response to a risky situation and in proactively setting the tone for intolerance to violence! We will learn to assess risky situations and understand our options to intervene safely. Build your skills by learning what options you have. It's on US to make our community a safe and healthy place for everyone. Everyone has a part to play. There is no neutral zone. You are either a part of the solution or a part of the problem.

COMMUNITY PROGRAMS (CONT'D)

Help Your Tween Develop Healthy Relationships & Be Able to Identify Unhealthy Ones

Learn to recognize healthy vs. unhealthy relationships and how to talk with your tween about dating BEFORE s/he is ready to date. We'll focus on good communication skills, helping tweens identify flirting vs. sexual harassment, and how to help them resolve conflicts effectively. Learn the signs of abusive relationships and how you can help.

PROFESSIONAL TRAININGS

Dealing with Disclosures of Sexual Violence

*Note: This topic may be expanded to a series for those who may come into contact with sexual violence victims in any capacity.

Learn how to respond to disclosures of sexual violence in its many forms. Build skills in helping victims of sexual violence and learn what community resources are available to assist them. We'll discuss the range of victim responses, what happens in the ER, and how to talk with victims in a trauma-informed way. Issues of cultural competence, the power of language, and best practices of crisis intervention will be covered.

